

# The 51 Mountain Bike Capitals of the United States

Posted on [March 7, 2016](#) by [Singletracks Staff](#)

## Pennsylvania: State College



*Tussey Mountain. photo: JeffHoward.*

College towns usually offer a vibrant scene, which makes State College, PA (home to the Nittany Lions) a lively state MTB capital. Rothrock State Forest boasts many of the area's most popular rides, including an official IMBA Epic route. There's also the Cooper's Gap Epic route, the Tussey Mountain Trail, and events like the Transylvania Epic that make the mountain biking in this part of Pennsylvania stand out.